

## FROM THE GRIDDLE

Served with Fresh Fruit

### French Toast Pockets

Stuffed with Raspberry Cream Cheese and Topped With Seasonal Mixed Berry Sauce

### Pacific Whey™ French Toast

### Buttermilk Heavenly Hots

### Organic Buckwheat Hot Cakes

For additional charge: Inside: Bananas, Blueberries, Raspberries, Strawberries or Chocolate Chips

Top With: Seasonal Mixed Berry Sauce

## DOWN HOME BREAKFAST



### Eggs Benedict

Freshly Baked Pastry, Topped with Ham, Poached Eggs and Hollandaise.

Served with Fresh Fruit and Potatoes

### Filet Mignon & Eggs - Any Style

Served with Fresh Fruit, Potatoes and Toast

### School Boy Breakfast

Two Eggs Any Style, Ham, Bacon or Sausage. Served with Buttermilk Heavenly Hots, Fresh Fruit, Potatoes and Toast

### Breakfast Sandwich

Scrambled Eggs, Cheddar and Choice of Ham, Bacon or Sausage.

Served with Fresh Fruit

### Two Eggs - Any Style

Served with Fresh Fruit, Potatoes and Toast

For additional charge: Bacon, Ham or Sausage

## BREAKFAST YOUR WHEY

### Choose the Breakfast Type You'd Like

#### Start Here...

Each Breakfast Features Farm Fresh Eggs with Cheddar or Pepperjack Cheese

#### Omelette

Served with Fresh Fruit, Potatoes and Toast

#### Scramble

Served with Fresh Fruit, Potatoes and Toast

#### Quesadilla

Served with Fresh Fruit and a Salsa Trio

#### Burrito

Served with Fresh Fruit and a Salsa Trio

#### Sandwich

Served with Fresh Fruit

#### Then Add...

For additional charge:

- Bacon, Sausage, Ham, Chorizo, Chili, Chicken or Turkey
- Swiss, Goat, Feta, Brie, Bleu, Cheddar, Pepperjack or Provolone Cheese
- Avocado, Basil, Mushrooms, Onions, Tomatoes, Spinach, Grilled Veggies, Sweet Bell Peppers, Green Chiles, Jalapeños, Beans or Potatoes
- "Wet" - Topped with Ranchero Sauce or Tomatillo Salsa

## OMELETTES

Served with Fresh Fruit, Potatoes and Toast

### S.M.O.C. Omelette

Spinach, Mushrooms, Onions and Cheddar

### A.B.C. Omelette

Avocado, Bacon and Cheddar

### California Omelette

Avocado, Diced Tomatoes and Swiss

### Country French Omelette

Sauteed Eggplant, Leeks, Oven Dried Tomatoes and Goat Cheese

### Grilled Vegetable Omelette

Zucchini, Yellow Squash and Sweet Bell Peppers

For additional charge: Egg Whites Only

## AM OLE'

### Breakfast Quesadilla

Spinach, Mushrooms, Tomatoes, Eggs and Pepperjack.

Served with a Salsa Trio and Fresh Fruit

### Chorizo Burrito

Chorizo, Eggs and Cheddar.

Served with a Salsa Trio and Fresh Fruit

### Breakfast Burrito

Eggs, Potatoes, Ham and Onions. Served with a Salsa Trio and Fresh Fruit

### Huevos Rancheros

Corn Tortillas Topped with Eggs and Ranchero Sauce Served with Fresh Fruit, Rice and Beans

### Chorizo Scramble

Spicy Spanish Sausage. Served with Fresh Fruit, Potatoes and Tortillas

### Breakfast Potato Mess

Red Rose Potatoes Smothered in Cheddar Cheese, Pico de Gallo, Tomatillo Salsa, Avocado and Sour Cream

## SCRAMBLES

Served with Fresh Fruit, Potatoes and Toast

### Pacific Scramble

Fresh Spinach, Roma Tomatoes and Basil

### Skinny Boy Scramble

Egg Whites and Grilled Veggies

### Spinach & Feta Scramble

## FRUITS,NUTS, AND FLAKES

### Fresh Seasonal Fruit Bowl

### Baked Granola

### Old Fashioned Oatmeal



## FIELDS OF GREENS

### Pacific Whey™ Summer Salad

Field Greens, Romaine, Medjool Dates, Carrots, Red Onion Goat Cheese, Toasted Walnuts, Strawberries and Grapes Tossed with Strawberry Vinaigrette

### Pacific Cobb Salad

Field Greens, Romaine, Turkey, Bacon, Avocado, Bleu Cheese and Tomato Tossed with Balsamic Vinaigrette

### Southwestern Salad

Field Greens, Romaine with Pepperjack Cheese, Roasted Sweet Peppers, Grilled Corn, Tomatoes and Avocado Tossed with Creamy Chipotle Lime Dressing

### Pacific Coast Salad

Field Greens, Romaine, Sliced Apples, Dried Cranberries, Bleu Cheese and Candied Walnuts, Tossed with Champagne Peach Vinaigrette

### Our House Salad

Field Greens, Romaine, Fresh Mozzarella, Tomatoes, Cucumbers and Carrots Tossed with Balsamic Vinaigrette

### Traditional Caesar Salad

Crisp Romaine, Shaved Parmesan and Fresh Croutons

For additional charge: A Scoop of Tuna or Herb Roasted Chicken Salad, Grilled Chicken Breast, Portobello Mushroom, or Grilled Atlantic Salmon

## SOUPS & SCOOPS

### Soup of the Day

#### Homemade Chili

Tender Chunks of Filet Mignon, No Beans with Cheddar and Tortilla Chips. It's Got a Little Heat!

#### Soup or Chili with Half Sandwich

#### Daily Scoop

Albacore Tuna or Herb Roasted Chicken Salad on a Bed of Lettuce with Sliced Tomato

#### All Mixed Up ... Your Whey

#### Choose 2 or 3 "Different" Items

Soup, Chili, Scoop of Tuna or Chicken Salad, Ceasar Salad, Field Greens or Hand Crafted Potato Chips

## BURGERS YOUR WHEY

### Start here with the Burger type of your choice

Choice of *Ground Sirloin* :: *Veggie* :: *Portobello Mushroom (no meat)* :: *Grilled Chicken Breast* :: *Grilled Atlantic Salmon*  
all served on a Fresh Kaiser Bun with Lettuce, Tomato and Red Onion Served with Caesar Salad or Hand Crafted Potato Chips

### Then add as many fresh items as you'd like

For additional charge:

Bacon, Chili, Grilled Veggies, Sweet Bell Peppers, Green Chiles, Avocado, Jalapeños, Mushrooms, Spinach, Caramelized Onions, American, Swiss, Cheddar, Provolone, Pepperjack, Brie, Bleu, Feta or Goat Cheese

For additional charge: French Fries, Fresh Fruit Add, Field Greens, Served After 10:30am • We welcome substitutions... Prices may vary

## UNDER THE COVERS

Served with Caesar Salad or Hand Crafted Potato Chips  
For additional charge: French Fries • Fruit • Field Greens

### Panini of the Day

#### Pacific Cobb

Turkey, Bacon, Avocado, Tomato, Romaine, Bleu Cheese, Dijon,  
Balsamic Vinaigrette on a Baguette

#### Chicken or Tuna Salad

Herb Roasted Chicken or Pacific Albacore Tuna Salad with  
Romaine Lettuce and Roma Tomatoes

#### Fresh Mozzarella

Roasted Sweet Bell Peppers, Tomatoes, Red Onion and  
Field Greens on a Baguette

#### Oven Roasted Turkey

Fresh Mozzarella, Tomato, Red Onion, and Field Greens  
with Balsamic Vinaigrette

#### B.L.T.A.

Bacon, Lettuce, Tomato, Avocado, Balsamic Vinaigrette

#### BBQ Shredded Pork

Crispy Onion Straws on a Kaiser Bun

#### Roast Beef & Feta

Grilled and Served with Lettuce, Tomato, Avocado,  
Red Onion and Balsamic Vinaigrette

#### Grilled Ham & Cheddar

Roma Tomatoes, Avocado and Red Onion with Dijon

#### Grilled Cajun Chicken Breast

Pepperjack Cheese, Roasted Sweet Bell Peppers with Lettuce,  
Tomato and Red Onion and Chipotle Aioli

#### Patty Melt ... Our Whey

Ground Sirloin, Green Chiles, Caramelized Onions and  
Provolone with Chipotle Aioli

## COMFORT FOODS

For additional charge: Soup or Caesar Salad

#### Pacific Whey™ Pot Pie

Lots of Chicken and Vegetables in a Flaky Pastry Bowl

#### Beef Stroganoff

Tender Pieces of Premium Beef in a Traditional Sour  
Cream Brown Sauce

#### Made from Scratch Lasagna

Traditional Ground Sirloin or Spinach and Artichoke

#### Pasta with Grilled Chicken

Tomato Cream Sauce

#### Old Fashioned Meatloaf

With Mushroom Gravy



Menu items subject to change without notice. Revised 09.11

[www.pacificwhey.com](http://www.pacificwhey.com)

## SAVORIES

#### Grilled Atlantic Salmon

Topped With Four Citrus Sauce

#### Filet Mignon over Biscuits

Topped with Mushroom Sauce

#### Chicken n' Chips

Chicken Tenders with Shoestring  
Fries and Peanut Coleslaw

#### Fish n' Chips

Flaky White Fish with Shoestring  
Fries and Peanut Coleslaw



## PM OLE'

#### Grilled Vegetable Quesadilla

Pepperjack Cheese, Zucchini, Yellow Squash and Sweet Bell Peppers  
For additional charge: Grilled Chicken Breast

#### Chicken or Salmon Tacos

Sautéed with Red Onions and Pico de Gallo

## JUNIORS AND SENIORS

#### Turkey or Ham Sandwich

Lettuce, Tomato and Mayo

#### Grilled Cheese Sandwich

#### Cheese Quesadilla

#### Macaroni and Cheese

#### Pasta of The Day

Plain, Buttered or Marinara Sauce

#### Chicken Tacos

Soft Corn Tortillas with Grilled Chicken and Cheddar

#### Chicken n' Chips

Panko Crusted Chicken Tenders with Shoestring French Fries

#### Fish n' Chips

Panko Crusted Flaky White Fish with Shoestring French Fries

#### Old Fashioned Meatloaf

Mashed Potatoes and Vegetables

Served After 10:30am. • We welcome substitutions...prices vary.



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# BREAKFAST

# LUNCH

# DINNER

## DELICIOUSLY LOCATED

### Newport Hills Shopping Center

2622 San Miguel Drive  
Newport Beach, CA 92660  
949.644.0303

### Crystal Cove Promenade

7962 E. Coast Highway  
Newport Coast, CA 92657  
949.715.2200

### South Coast Plaza

3333 Bear Street  
Costa Mesa, CA 92626  
714.641.9911