

DOWN HOME BREAKFAST

Egg Whites Only - Add \$1.85

School Boy Breakfast **\$12.49**

2 Eggs Any Style, with 2 Silver Dollar Pancakes, choice of Ham, Bacon or Sausage, served with Breakfast Potatoes, Fresh Fruit and choice of Toast

Eggs Benedict **\$11.95**

Freshly Baked Buttery Pastry topped with Black Forest Ham, 2 Gently Poached Eggs and Homemade Hollandaise sauce, served with Breakfast Potatoes and Fresh Fruit

Breakfast Sandwich **\$10.49**

Scrambled Eggs and Cheddar Cheese, on choice of Toast, served with Fresh Fruit
With Ham, Bacon, or Sausage - **Add \$1.49**

Two Egg Breakfast **\$9.49**

2 Eggs Any Style, served with Breakfast Potatoes, Fresh Fruit, and choice of Toast.
With Ham, Bacon, or Sausage - **Add \$1.49**

AM OLE'

Egg Whites Only - Add \$1.85

Huevos Rancheros **\$10.95**

Crispy Corn Tortillas topped with 2 Eggs Any Style and Ranchero Sauce, served with Fresh Fruit, Rice and Beans

Breakfast Burrito **\$10.19**

Eggs, Cheddar Cheese, and Breakfast Potatoes, served with Salsa Trio and Fresh Fruit
Add Ham, Bacon, Chorizo or Sausage - **Add \$1.49**

Breakfast Quesadilla **\$10.19**

Eggs, Spinach, Mushrooms, Diced Tomatoes and Pepperjack Cheese, served with Salsa Trio and Fresh Fruit
Add Ham, Bacon, Chorizo or Sausage - **Add \$1.49**

SCRAMBLES

Served with Breakfast Potatoes, Fresh Fruit, and choice of Toast
Egg Whites Only - Add \$1.85

Farmer's Scramble **\$11.49**

Sweet Bell Peppers, Onions, Mushrooms, Diced Tomatoes, Sausage, and Cheddar Cheese

Chorizo Scramble **\$10.95**

Spicy Spanish Sausage (choice of Warm Corn Tortillas instead of Toast)

Pacific Scramble **\$10.49**

Fresh Spinach, Diced Tomatoes and Sweet Basil

Spinach & Feta Scramble **\$10.49**

Fresh Spinach and Feta Cheese

OMELETTES

Served with Breakfast Potatoes, Fresh Fruit, and choice of Toast
Egg Whites Only - Add \$1.85

ABC Omelette **\$11.49**

Fresh Avocado, Applewood Smoked Bacon, and Cheddar Cheese

California Omelette **\$10.95**

Fresh Avocado, Diced Tomatoes and Swiss Cheese

SMOC Omelette **\$10.95**

Spinach, Mushrooms, Onions, and Cheddar Cheese

Pork Carnitas Omelette **\$10.95**

Shredded pork, a mix of cheddar and pepper jack cheese topped with green salsa

Cheese Omelette **\$8.49**

Choice of Cheddar, Swiss, or Pepperjack

GRAINS

Baked Granola **\$6.95**

Honey-Cinnamon Granola made from Scratch in our Bakery, topped with Berries and Bananas, served with Milk and Vanilla Yogurt

Old Fashioned Oatmeal **\$6.95**

Topped with Berries and Bananas, served with Brown Sugar, Warm Milk, and Maple Syrup

KIDS BREAKFAST

All meals priced at **\$7.45** for kids under 12 Served all day

Jr. Scramble

1 Scrambled Egg, served with Sausage or Bacon, Fresh Fruit, and Toast

Jr. Pancake Combo

2 Silver Dollar Pancakes, served with Sausage or Bacon and Fresh Fruit

Jr. Chocolate Chip Pancakes

3 Silver Dollar Pancakes with Chocolate Chips, served with Fresh Fruit

FROM THE GRIDDLE

Served with Fresh Fruit With Bananas, Blueberries, Strawberries or Chocolate Chips **Add \$0.95**

Buttermilk Pancakes

Three Deliciously Fluffy Buttermilk Pancakes topped with Powder Sugar accompanied with Butter and Maple Syrup

\$9.95

French Toast

Six Triangle Slices of French Toast topped with Powder Sugar accompanied with Butter and Maple Syrup

\$9.45

Atlantic Salmon wrap

12" Spinach Tortilla, fresh grilled Atlantic salmon filet, onions, diced tomatoes, mixed greens, feta cheese and creamy chipotle Aioli

\$11.45

Albacore Tuna wrap

12" Spinach Tortilla, albacore tuna salad, onion, diced tomatoes, avocado, mixed greens, feta cheese and creamy chipotle Aioli

\$10.45

Fried Fish wrap

12" Spinach Tortilla, panko flaky white fried fish, coleslaw, onions, diced tomatoes, and tartar sauce

\$10.45

KIDS LUNCH/DINNER

All meals priced at **\$7.95** for kids under 12 Served after 11AM

Jr. Mac N' Cheese

Large Elbow Pasta with a Creamy Cheese Sauce

Jr. Ham & Swiss Sandwich

Lettuce, Tomato, and Mayo, served with choice of Homemade Potato Chips or Fresh Fruit

Jr. Grilled Cheese

American Cheese on Grilled Bread, served with choice of Homemade Potato Chips or Fresh Fruit

Jr. Cheese Quesadilla

Large Flour Tortilla filled with Cheddar Cheese, served with Fresh Fruit

Jr. Burger

Lettuce, Tomato, and Mayo on a toasted Brioche Roll, served with choice of Homemade Potato Chips or Fresh Fruit

Jr. Chicken Fingers

3 Panko Crusted Chicken Tenders with Ranch or BBQ dipping sauce, served with choice of Hand Cut French Fries or Fresh Fruit

Jr. Pasta

With Marinara Sauce and Parmesan Cheese

WRAPS

Served with Caesar Salad or Mixed Greens
With Fruit **Add \$1.45** • With Soup **Add \$2.95**

Grilled Chicken wrap

12" Spinach Tortilla, marinated chicken tenders, onions, diced tomatoes, avocado, mixed greens, feta cheese and creamy chipotle Aioli

\$10.45

Veggie wrap

12" Spinach Tortilla, fresh grilled broccolini, diced tomatoes, grilled bell peppers, avocado, feta cheese and pesto chipotle Aioli

\$9.45

STARTERS

Chili Cheese Fries **\$9.95**

A generous portion of our Hand Cut French Fries topped with our Homemade Chili and Cheddar Cheese

Quesadilla **\$9.95**

Two large Flour Tortillas filled with Pepperjack Cheese, Diced Tomatoes Sweet Bell Peppers and Cilantro, served with Salsa Trio & Sour Cream. With Chicken - **Add \$1.95**

Chips & Salsa **\$5.95**

Homemade Tortilla Chips and Fresh Pico de Gallo Salsa

SIDES

Side Caesar Salad **\$3.95**

Hand Cut French Fries **\$3.49**

Homemade Potato Chips **\$2.95**

Garlic Toast **\$1.95**

Grilled Chicken Breast **\$4.95**

Grilled Salmon Filet **\$6.95**

SOUPS

Homemade Chili **\$8.95**

Made with Tender Chunks of Premium Beef (no beans) topped with Cheddar Cheese, served with Homemade Tortilla Chips

Tomato & Pepper Bisque **\$5.95**

Chopped Fire-Roasted Tomatoes and Red Pepper Strips added to a Rich Tomato Puree with Smoky Chipotle and Sweet Cream

Soup of the Day **\$5.95**

SALADS

With Grilled Chicken - Add \$4.25

With Grilled Salmon - Add \$5.45

With Scoop of Tuna or Chicken Salad - Add \$1.95

Pair it With a Bowl of Soup - Add \$2.95

Half Full

Pacific Cobb Salad **\$8.95 \$12.95**

Field Greens, Romaine, Oven Roasted Turkey Breast, Hard-Boiled Egg, Bacon, Fresh Avocado, Bleu Cheese Crumbles and Tomatoes, with our Creamy Bleu Cheese Dressing

BBQ Chicken Salad **\$8.55 \$11.95**

Field Greens, Romaine, Chopped BBQ Chicken, Fresh Avocado, Tomatoes, Carrots, Cilantro, and Crisp Tortilla Strips, with our Creamy Ranch Dressing

Pacific Whey Summer Salad **\$7.95 \$11.45**

Field Greens, Romaine, Medjool Dates, Carrots, Red Onion, Goat Cheese, Candied Walnuts, Strawberries and Grapes, with our Homemade Strawberry Balsamic Vinaigrette

Pacific Coast Salad **\$6.95 \$10.45**

Field Greens, Romaine, Diced Apples, Dried Cranberries, Bleu Cheese Crumbles and Candied Walnuts, with our Champagne Peach Vinaigrette

House Salad **\$6.75 \$9.95**

Field Greens, Romaine, Fresh Mozzarella, Tomatoes, Cucumbers and Carrots, with your choice of Homemade Balsamic or Creamy Ranch Dressing

Traditional Caesar Salad **\$6.45 \$8.95**

Crisp Romaine, Shredded Parmesan and Homemade Croutons, with our Traditional Caesar Dressing

SANDWICHES

Served with your choice of Caesar Salad, Mixed Greens, Homemade Potato Chips or Hand Cut French Fries
Pair it With a Bowl of Soup Instead - **Add \$2.95**

	Half	Full		Half	Full
Pacific Cobb Sliced Oven Roasted Turkey Breast, Applewood Smoked Bacon, Bleu Cheese Crumbles, Lettuce, Tomato, Red Onion, and our Homemade Balsamic Vinaigrette With Fresh Avocado - Add \$0.95	\$7.95	\$11.95	BLTA Thick Applewood Smoked Bacon, Lettuce, Tomato, Fresh Avocado, and Mayo	\$6.65	\$9.95
Oven Roasted Turkey With Fresh Mozzarella, Lettuce, Tomato, Red Onion, and our Homemade Balsamic Vinaigrette	\$7.35	\$10.95	Pacific Whey Tuna Melt Pacific Albacore Tuna Salad with Melted Cheddar Cheese and Tomato	\$6.95	\$9.95
Oven Roasted Chicken Salad With Lettuce, Tomato, and Red Onion	\$6.65	\$9.95	Grilled Atlantic Salmon Grilled Fresh Atlantic Salmon Filet with Lettuce, Tomato, and Red Onion, served on a toasted Kaiser Bun		\$12.95
Pacific Albacore Tuna Salad With Lettuce, Tomato, and Red Onion	\$6.65	\$9.95	BBQ Pulled Pork Juicy Shredded Pork, with our Tangy BBQ Sauce and Crispy Onions, served on a toasted Kaiser Bun		\$11.95
Fresh Mozzarella With Roasted Sweet Bell Peppers, Lettuce, Tomato, Red Onion, and our Homemade Balsamic Vinaigrette	\$5.95	\$8.95	Grilled Cajun Chicken Grilled Cajun-Seasoned Chicken, Pepperjack Cheese, Roasted Sweet Bell Peppers, Lettuce, Tomato, Red Onion, and our Chipotle Aioli		\$11.95
Ham & Swiss Sliced Black Forest Ham, Swiss Cheese, Lettuce, Tomato, Red Onion, and Mayo	\$5.95	\$8.95			

PANINIS

Served with your choice of Caesar Salad, Mixed Greens, Homemade Potato Chips or Hand Cut French Fries
Pair it With a Bowl of Soup Instead - **Add \$2.95**

Turkey & Brie Sliced Oven Roasted Turkey Breast, Baby Spinach, Caramelized Onions, Creamy Brie and our Garlic Aioli	\$11.45	Mediterranean Chicken Breast Grilled Chicken Breast with Cucumbers, Red Onions, Cilantro, Feta Cheese, and our Sundried Tomato Spread	\$10.45
Grilled Chicken Breast Baby Spinach, Roasted Sweet Bell Peppers, Red Onions, Provolone Cheese, and our Pesto Aioli	\$11.45	Cranberry chicken Pesto Grilled chicken breast with cranberry aioli, pesto sauce and provolone cheese	\$10.45
Southwestern Pork Shredded pork with crispy onions, peeper jack cheese and chipotle Aioli	\$10.45	Caprese Fresh Mozzarella, Tomatoes, Sweet Basil, and our Pesto Aioli	\$9.45

BURGERS

Served with your choice of Caesar Salad, Mixed Greens, Homemade Potato Chips or Hand Cut French Fries
Substitute a **Gardenburger™** or **Chicken Breast** for no additional charge. All Burgers served with Lettuce, Tomato and Red Onion on a Kaiser Bun

West Coast Western	\$12.95
Thick Applewood Smoked Bacon, Cheddar Cheese, Crispy Onions and our Tangy BBQ Sauce	
Bacon Bleu	\$11.95
Thick Applewood Smoked Bacon, Melted Crumbles of Tangy Bleu Cheese and Mayo	
California	\$10.95
Fresh Avocado, Swiss Cheese, and Mayo	
Baja Special	\$10.95
Roasted Green Chiles, Fresh Avocado, Pepperjack Cheese and our Chipotle Aioli	
Mushroom Swiss	\$10.95
Sauteed Mushrooms, Caramelized Onions, Swiss Cheese and our Garlic Aioli	
Pacific Whey Sliders	\$10.95
3 Mini Burgers, with American Cheese, Lettuce, Tomato, and Red Onion served on our Freshly Baked Brioche Rolls	
Pacific Standard	\$10.45

Fresh 1/2 lb. All Beef Patty, served simply and built for customization. With Cheese - **Add \$0.95**

Add any of the following to any burger for **\$0.95** ea

- Applewood Smoked Bacon
- Chorizo
- Mushrooms
- Sweet Bell Peppers
- Green Chiles
- Jalapenos
- Caramelized Onions
- Fresh Avocado
- Spinach
- Bleu Cheese
- Feta Cheese
- Goat Cheese

PASTA

Start with a Bowl of Soup or Side Salad - **Add \$2.95**

Creamy Tomato Pasta	\$10.45
A Rich Cream Sauce with Tomatoes, Fresh Basil and Garlic served with Garlic Toast With Grilled Chicken - Add \$4.25 With Grilled Salmon - Add \$5.45	
Pacific Whey Tossed Pasta	\$9.45
Tossed with Minced Garlic, Olive Oil, Fresh Basil and Tomatoes, served with Garlic Toast With Grilled Chicken - Add \$4.25 With Grilled Salmon - Add \$5.45	
Mediterranean Pasta	\$9.45
A light cream sauce over Penne Pasta with minced Garlic, sun-dried tomatoes, cilantro, and diced cucumbers, topped with feta cheese. Served with garlic toast With Grilled Chicken - Add \$4.25 With Grilled Salmon - Add \$5.45	
Creamy chipotle pasta	\$10.45
A rich cream based chipotle sauce over Penne pasta with broccolini, spinach topped with tortilla strips and parmesan cheese. Served with garlic toast. With Grilled Chicken - Add \$4.25 With Grilled Salmon - Add \$5.45	

PW FAVORITES

Start with a Bowl of Soup or Side Salad - **Add \$2.95**

Grilled Atlantic Salmon	\$16.45
Fresh Atlantic Salmon Filet, topped with our Four-Citrus Sauce, served with Rice and Steamed Broccolini	
Pan Roasted Chicken	\$14.95
Pan Roasted Chicken Breast, topped with our Mushroom Cream Sauce, served with Rice and Steamed Broccolini	
Fish N' Chips	\$13.95
Panko Crusted Flaky White Fish served with our Hand Cut French Fries and Slaw	
Chicken N' Chips	\$12.95
Panko Crusted Chicken Tenders served with our Hand Cut French Fries and Slaw	

BEVERAGES

	Kids	Small	Large
Soda Coke, Diet Coke, Sprite, Root Beer		\$2.25	\$2.95
Freshly Brewed Iced Tea		\$2.25	\$2.95
Arnold Palmer		\$2.49	\$3.19
Lemonade	\$1.45	\$2.49	\$3.25
Orange Juice	\$1.45	\$2.49	\$3.25
Milk	\$1.45	\$2.49	\$2.95
Hot Chocolate		\$2.49	\$3.25
Hot Tea		\$1.95	\$2.95
Chai Tea Latte		\$2.95	\$3.95
Martinelli's™ Apple Juice			\$2.25
IZZE™ Sparkling Juice			\$2.45
San Pellegrino™ Sparkling Water			\$2.45
San Pellegrino™ Aranciata			\$2.25
San Pellegrino™ Limonata			\$2.25
Pacific Whey Bottled water			\$1.95

BLENDED DRINKS

	Small	Large
Smoothies	\$3.49	\$4.45
Blueberry Pomegranate		
Mango		
Strawberry		
Frappe'	\$3.95	\$4.95
Caramel		
Mocha		

COFFEE & ESPRESSO

	Small	Large
Freshly Brewed Coffee	\$2.49	\$2.95
Cappuccino	\$3.19	\$3.95
Cafe Latte	\$3.19	\$3.95
Cafe Mocha	\$3.19	\$3.95
Cafe Au Lait	\$2.49	\$2.95
Macchiato	\$3.19	\$3.95
Americano	\$2.49	\$2.95